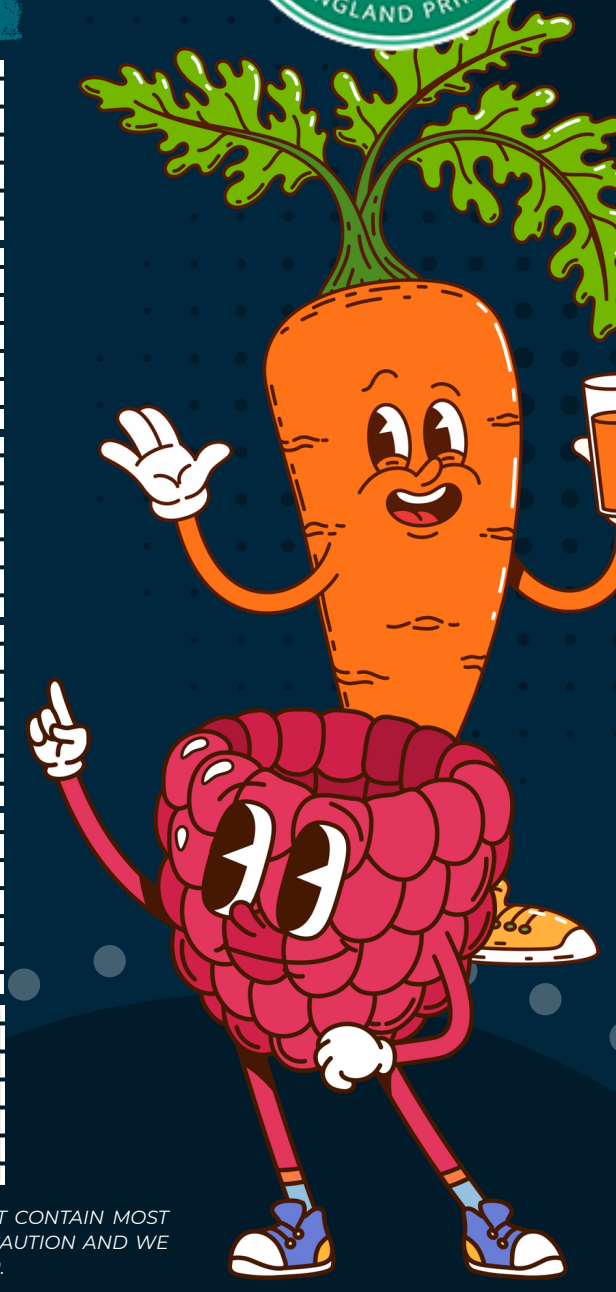
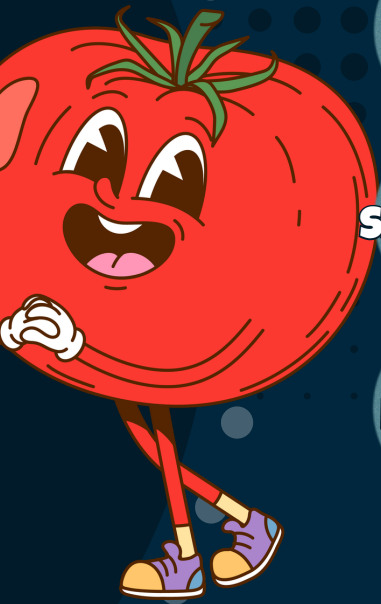


AUTUMN MENU

WEEK ONE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN ONE	GRILLED CHICKEN FLAT BREAD	MILD CHICKEN CURRY	SAUSAGE & MASH	BEEF LASAGNE	BREADED FISH
MAIN TWO	ROASTED VEGETABLE & CHICKPEA FLAT BREAD	CAULIFLOWER & CHICKPEA CURRY	QUORN SAUSAGE & MASH	VEGETABLE & LENTIL BOLOGNAISE	PIZZA WHEEL
GARNISH	NEW POTATOES & SALAD	RICE & NAAN BREAD	SEASONAL VEGETABLES & GRAVY	GARLIC BREAD & PEAS	CHIPS & BEANS
JACKET POTATO	TUNA MAYO, CHEESE AND BEANS OR BAKED BEANS OR CHEESE	TUNA MAYO, CHEESE AND BEANS OR BAKED BEANS OR CHEESE	TUNA MAYO, CHEESE AND BEANS OR BAKED BEANS OR CHEESE	TUNA MAYO, CHEESE AND BEANS OR BAKED BEANS OR CHEESE	TUNA MAYO, CHEESE AND BEANS OR BAKED BEANS OR CHEESE
SANDWICH	HAM, TUNA MAYO, CHEESE	HAM, TUNA MAYO, CHEESE	HAM, TUNA MAYO, CHEESE	HAM, TUNA MAYO, CHEESE	HAM, TUNA MAYO, CHEESE
DESSERT	CHOCOLATE SHORTBREAD	LEMON DRIZZLE CAKE	APPLE CAKE & CUSTARD	FRUIT PLATTER	OATIE COOKIE

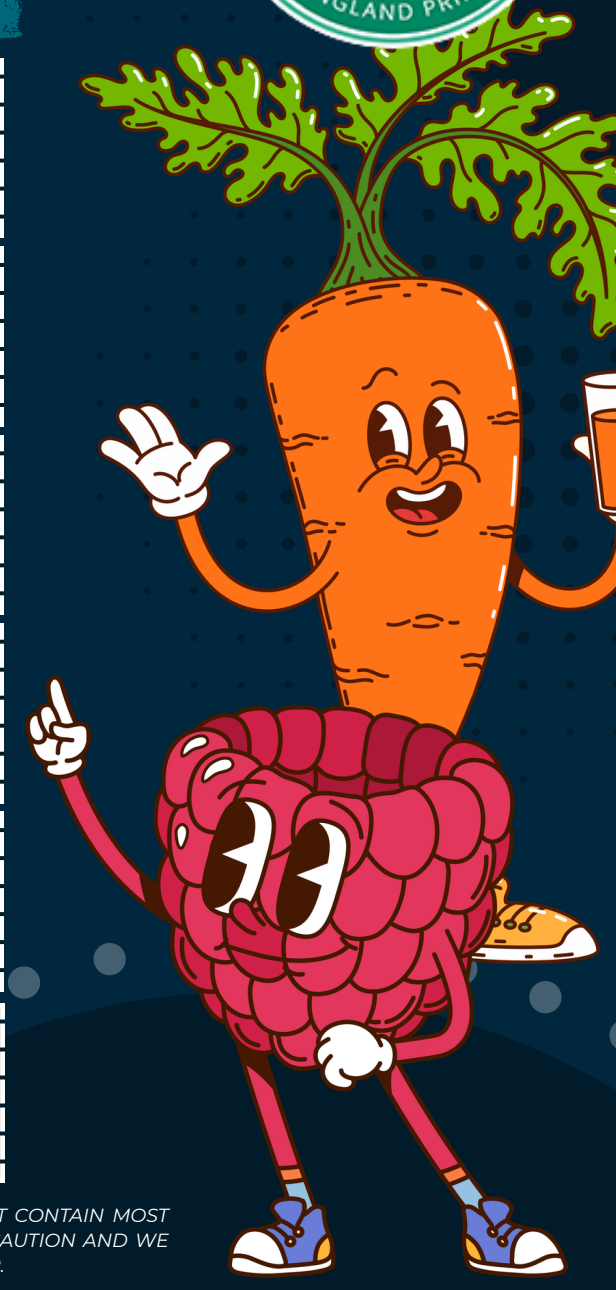
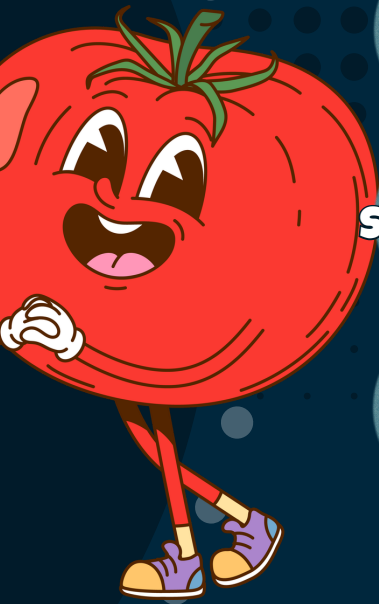


AUTUMN MENU

WEEK TWO



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN ONE	BEEF BURGER	PEPPERONI PIZZA	ROASTED CHICKEN	CREAMY BACON PASTA	FISH FIGERS OR SALMON FINGERS
MAIN TWO	FALAFEL WRAP	MARGHERITA PIZZA	RED PEPPER FRITTATA	TOMATO & BEAN PASTA	QUORN NUGGETS
GARNISH	NEW POTATOES & SALAD	WEDGES & SWEETCORN	ROAST POTATOES & SEASON VEG	GARLIC BREAD & PEAS	CHIPS & BEANS
JACKET POTATO	TUNA MAYO, CHEESE AND BEANS OR BAKED BEANS OR CHEESE	TUNA MAYO, CHEESE AND BEANS OR BAKED BEANS OR CHEESE	TUNA MAYO, CHEESE AND BEANS OR BAKED BEANS OR CHEESE	TUNA MAYO, CHEESE AND BEANS OR BAKED BEANS OR CHEESE	TUNA MAYO, CHEESE AND BEANS OR BAKED BEANS OR CHEESE
SANDWICH	HAM, TUNA MAYO, CHEESE	HAM, TUNA MAYO, CHEESE	HAM, TUNA MAYO, CHEESE	HAM, TUNA MAYO, CHEESE	HAM, TUNA MAYO, CHEESE
DESSERT	PANCAKE & BANANA	ICE CREAM	CHOCOLATE CRISPY CAKE	MELON & ORANGE WEDGES	ICED SPONGE



WE TRY TO OFFER A VARIETY OF ALLEGEN FREE OPTIONS ACROSS ALL OUR SCHOOL MENUS. HOWEVER, ALL OUR FOOD IS PREPARED IN KITCHENS THAT CONTAIN MOST ALLERGENS AND WE THEREFORE CANNOT GAURANTEE THAT ANY MEAL PREPARED IN OUR KITCHENS IS ALLERGEN FREE. WE TAKE EVERY FEASIBLE PRECAUTION AND WE STRICTLY FOLLOW ALL FOOD STANDARD AGENCY PROTOCOLS WITH IN OUR KITCHENS AND SERVERY'S. HOWEVER, CROSS CONTAMINATION CAN STILL OCCUR.

AUTUMN MENU

WEEK THREE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN ONE	CRISPY CHICKEN WRAP	PORTUGUESE CHICKEN & RICE	ROAST PORK	BEEF BOLOGNAISE	BREADED FISH
MAIN TWO	QUORN BURGER	CAJUN CAULIFLOWER & REFINED BEAN WRAP	MIXED BEAN CASSEROLE	MACARONI CHEESE	BREADED HALLOUMI
GARNISH	WEDGES AND SWEETCORN	VEGETABLE RICE & SALAD	ROASTED HERB POTATOES & SEASONAL VEGETABLES	GARLIC BREAD & PEAS	CHIPS & BEANS
JACKET POTATO	TUNA MAYO, CHEESE AND BEANS OR BAKED BEANS OR CHEESE	TUNA MAYO, CHEESE AND BEANS OR BAKED BEANS OR CHEESE	TUNA MAYO, CHEESE AND BEANS OR BAKED BEANS OR CHEESE	TUNA MAYO, CHEESE AND BEANS OR BAKED BEANS OR CHEESE	TUNA MAYO, CHEESE AND BEANS OR BAKED BEANS OR CHEESE
SANDWICH	HAM, TUNA MAYO, CHEESE	HAM, TUNA MAYO, CHEESE	HAM, TUNA MAYO, CHEESE	HAM, TUNA MAYO, CHEESE	HAM, TUNA MAYO, CHEESE
DESSERT	FRUITY FLAPJACK	BLUEBERRY MUFFIN	CHOCOLATE CAKE	JELLY & FRUIT	CUSTARD COOKIE

