

AUTUMN MENU

Week one

MONDAY

Chicken Enchiladas
with Vegetable Rice
DFA/GFA

Macaroni Cheese,
Focaccia Bread
and Salad GFA

Cheese DFA
Beans GF/DF
Tuna Mayo GF/DF

Fruit Muffins DF

TUESDAY

Dartmoor Sausages,
Creamy Mashed
Potato, Seasonal
Vegetables and
Onion Gravy GF/DF

Leek and Mushroom
Pie, Creamy Mashed
Potato, Seasonal
Vegetables and
Onion Gravy GFA

Cheese DFA
Beans GF/DF
Tuna Mayo GF/DF

Butternut Squash
Browie DF

WEDNESDAY

Roast Turkey, Sea
Salted Roast
Potatoes, Seasonal
Vegetables and
Gravy GF/DF

Broccoli and Cauliflower
Bake, Sea Salted Roast
Potatoes, Seasonal
Vegetables and Gravy
GF

Cheese DFA
Beans GF/DF
Tuna Mayo GF/DF

Cookie DF

THURSDAY

Italian Meatballs,
Tomato Penne,
Focaccia and
Green Salad
DF/GFA

Courgette and
Vegetable,
Veggieballs, Tomato
Penne, Focaccia and
Green Salad DF/GFA

Cheese DFA
Beans GF/DF
Tuna Mayo GF/DF

Lemon Drizzle DF

FRIDAY

Breaded Fish Fingers
GF/DF or Salmon
Fingers DF
Chips and Peas

Quorn Sausage,
Chips and Peas

Cheese DFA
Beans GF/DF
Tuna Mayo GF/DF

Fruit Platter GF/DF

GLUTEN FREE DESSERTS AVAILABLE UPON REQUEST

Pick a
MAIN

Pick a
**MEAT-FREE
MAIN**

Pick a
**JACKET
POTATO**

Pick a
DESSERT



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Scan the QR code to view the allergens. Please be aware that allergens are updated regularly, therefore please check allergens before consumption of meals.

**FRESH FRUIT
& YOGHURT
SERVED DAILY**

AUTUMN MENU

Week two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pick a MAIN	Dartmoor Sausages in a Yorkie Wrap with Mashed Potatoes and Seasonal Vegetables GFA	Hunters Chicken, Potato Wedges and Salad GF/DFA	Honey Roast Ham, Sage Scented Roast Potatoes, Seasonal Vegetables and Gravy GF/DF	Beef Lasagne, Focaccia Bread and Veggie Sticks GFA	Beef Burger, Chips and Peas DF/GFA
Pick a MEAT-FREE MAIN	Quorn Toad in the Hole with Mashed Potatoes and Seasonal Vegetables DFA	Vegetable Omelette, Potato Wedges and Salad GF/DFA	Butternut Squash and Sweet Potato Bake, Roast Potatoes, Seasonal Vegetables and Gravy GF	Tomato, Basil Pasta Bake With Mozzarella Focaccia and Veggie Sticks GF/DF	Breaded Halloumi Burger, Chips and Peas GFA
Pick a JACKET POTATO	Cheese DFA Beans GF/DF Tuna Mayo GF/DF	Cheese DFA Beans GF/DF Tuna Mayo GF/DF	Cheese DFA Beans GF/DF Tuna Mayo GF/DF	Cheese DFA Beans GF/DF Tuna Mayo GF/DF	Cheese DFA Beans GF/DF Tuna Mayo GF/DF
Pick a DESSERT	Fruit Muffins DF	Raspberry Slice DF	Cookie DF	Banana and Blueberry Sponge DF	Fruit Platter GF/DF

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Week three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pick a MAIN	Brunch Grill - Sausage, Bacon, Hash Brown and Baked Beans GF/DF	Dartmoor Beef Hot Pot and Sauteed Cabbage GF/DF	Roast Loin of Pork and Apple Sauce, Rosemary Roasted New Potatoes, Seasonal Vegetables and Gravy GF/DF	Chilli Con Carne, Coriander Rice, Sweetcorn and Nachos and Dips GFA/DFA	Chicken Bites, Chips and Peas GFA/DF
Pick a MEAT-FREE MAIN	Veggie Brunch Grill - Quorn Sausage, Tomatoes, Hash Brown and Baked Beans DF	Root Vegetable and Thyme Hot Pot and Sauteed Cabbage GF/DF	Leek and Potato Bake, Rosemary Roasted New Potatoes, Seasonal Vegetables and Gravy GF	Pizza Bar, Wedges and Sweetcorn GFA/DF	Veggie Nuggets, Chips and Peas DF
Pick a JACKET POTATO	Cheese DFA Beans GF/DF Tuna Mayo GF/DF	Cheese DFA Beans GF/DF Tuna Mayo GF/DF	Cheese DFA Beans GF/DF Tuna Mayo GF/DF	Cheese DFA Beans GF/DF Tuna Mayo GF/DF	Cheese DFA Beans GF/DF Tuna Mayo GF/DF
Pick a DESSERT	Fruit Muffins DF	ABC Cake DF	Cookie DF	Flapjack DF	Fruit Platter GF/DF

GLUTEN FREE DESSERTS AVAILABLE UPON REQUEST



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