

	Menu Autumn Term 2020 2 <sup>nd</sup> November – 18 <sup>th</sup> December 2020	
Monday	Cottage pie or quorn veggie pie - with carrots, broccoli & gravy OR Tuna sandwich with salad & oven baked crisps	Frube or fruit salad
Tuesday	Chicken curry or sweet potato & lentil curry – with wholegrain vegetable rice & mixed vegetables  OR  Jacket potato with cheese & salad	Fruity flapjack, fruit salad or frube
Wednesday	Roast pork or vegetable roast - with roast potatoes and seasonal vegetables OR Egg sandwich with salad & oven baked crisps	Iced fruit smoothie desert or fruit salad
Thursday	Macaroni cheese & garlic bread with green beans & carrots OR Jacket potato with baked beans & salad	Chocolate cracknel, fruit salad or frube
Friday	Cod or veggie sausage — with diced potatoes, sweetcorn & peas OR Ham sandwich with salad & oven baked crisps	Shortbread or cookie, fruit salad or frube

Sandwiches available daily for years 3-6 – cheese, egg, tuna or ham on wholemeal bread with salad & oven baked crisps