

PE Curriculum Overview

We may adapt and amend the timetable of delivery below if necessary, based on various factors such swimming, facilities and equipment available.

	Aut 1		Aut 2		Spr 1		Spr 2		Sum 1		Sum 2	
Yr R	Real PE Personal (Co-ordination and Static Balance) PE Fs Unit 1 real PE		Real PE Social (Dynamic Balance/Agility and Static Balance) PE Fs Unit 2 real PE		Real PE Cognitive (Dynamic Balance and Static Balance) PE Fs Unit 3 real PE		Real PE Creative (Co-ordination and Counter Balance) PE Fs Unit 4 real PE		Real PE Physical (Co-ordination and Agility) PE Fs Unit 5 real PE		Real PE Health & Fitness (Agility and Static Balance) PE Foundation real PE	
Yr 1	Real PE Personal (Co-ordination and Static Balance) PE Y1 Unit 1 real PE		Real PE Social (Dynamic Balance/Agility and Static Balance) PE Y1 Unit 2 real PE		Real PE Cognitive (Dynamic Balance and Static Balance) PE Y1 Unit 3 real PE Multi-skills Festival		Real PE Creative (Co-ordination and Counter Balance) PE Y1 Unit 4 real PE		Real PE Physical (Co-ordination and Agility) PE Y1 Unit 5 real PE		Real PE Health & Fitness (Agility and Static Balance) PE Y1 Unit 6 real PE	
Yr 2	Real PE Personal (Co-ordination and Static Balance) PE Y2 Unit 1 real PE		Real PE Social (Dynamic Balance/Agility and Static Balance) PE Y2 Unit 2 real PE Multi-skills Festival		Real PE Cognitive (Dynamic Balance and Static Balance) PE Y2 Unit 3 real PE		Real PE Creative (Co-ordination and Counter Balance) PE Y2 Unit 4 real PE		Real PE Physical (Co-ordination and Agility) PE Y2 Unit 5 real PE		Real PE Health & Fitness (Agility and Static Balance) PE Y2 Unit 6 real PE	
Yr 3	Real PE Personal (Co-ordination and Static Balance) PE Y3 Unit 1 real PE	Invasion Games – Netball Invasion Games Unit1[1]	Real PE Social (Dynamic Balance/Agility and Static Balance) PE Y3 Unit 2 real PE	Dance Dance Unit3[1]	Real PE Cognitive (Co-ordination and Dynamic Balance) PE Y3 Unit 3 real PE	Racquet Sports – Wall games NetWall Games Unit1	Real PE Creative (Co-ordination and Counter Balance) PE Y3 Unit 4 real PE	Gymnastics Gymnastics Unit3	Real PE Physical (Agility and Static Balance) PE Y3 Unit 5 real PE	Striking & Fielding – Rounders StrikingFielding Unit1	Real PE Health & Fitness (Agility and Static Balance) PE Y3 Unit 6 real PE	Athletics Athletics Unit1
	Outdoor Adventure Days						Gymnastic Festival - OCC					
Yr 4	Real PE Personal (Co-ordination and Static Balance) PE Y4 Unit 1 real PE	Invasion Games – Football Invasion Games Unit2	Real PE Social (Dynamic Balance/Agility and Static Balance) PE Y4 Unit 2 real PE	Dance Dance Unit4[1]	Real PE Cognitive (Co-ordination and Dynamic Balance) PE Y4 Unit 3 real PE	Racquet Sports – Wall games NetWall Games Unit1	Real PE Creative (Co-ordination and Counter Balance) PE Y4 Unit 4 real PE	Gymnastics Gymnastics Unit4	Real PE Physical (Agility and Static Balance) PE Y4 Unit 5 real PE	Striking & Fielding – Rounders StrikingFielding Unit1	Real PE Health & Fitness (Agility and Static Balance) PE Y4 Unit 6 real PE	Athletics Athletics Unit2
	Outdoor Adventure Days								Cricket Festival - HCC			

Yr 5	Real PE Cognitive – Co-ordination and Agility PE Y5 Unit 1 real PE	Invasion Games – Rugby Invasion Games Unit3	Real PE Social (Dynamic Balance/Agility and Counter Balance) PE Y5 Unit 2 real PE	Dance Dance Unit5[1]	Real PE Cognitive (Co-ordination and Static Balance) PE Y5 Unit 3 real PE	Racquet Sports – Tennis NetWall Games Unit2	Real PE Creative (Static Balance) PE Y5 Unit 4 real PE	Gymnastics Gymnastics Unit5	Real PE Physical (Agility and Static Balance) PE Y5 Unit 5 real PE	Striking & Fielding – Rounder StrikingFielding Unit2	Real PE Health & Fitness (Co-ordination and Agility) PE Y5 Unit 6 real PE	Athletics Athletics Unit3
											Athletics Festival – TCC	
											Outdoor Adventure Days	
Yr 6	Real PE Cognitive – Co-ordination and Agility PE Y6 Unit 1 real PE	Invasion Games – Netball/Basketball Invasion Games Unit4	Real PE Social (Dynamic Balance/Agility and Counter Balance) PE Y6 Unit 2 real PE	Dance Dance Unit6[1]	Real PE Cognitive (Co-ordination and Static Balance) PE Y6 Unit 3 real PE	Racquet Sports – Badminton NetWall Games Unit2	Real PE Creative (Static Balance) PE Y6 Unit 4 real PE	Gymnastics Gymnastics Unit6	Real PE Physical (Agility and Static Balance) PE Y6 Unit 5 real PE	Striking & Fielding – Cricket StrikingFielding Unit2	Real PE Health & Fitness (Co-ordination and Agility) PE Y6 Unit 6 real PE	Athletics Athletics Unit3
											Outdoor Adventure Days	
	Netball /Basketball Festival - OCC											

Swimming to be inserted for 6 weeks at least once in KS2. Top up sessions to be offered to those children not 'water safe' by the end of Yr 4.